# ESTONIAN OPEN'23





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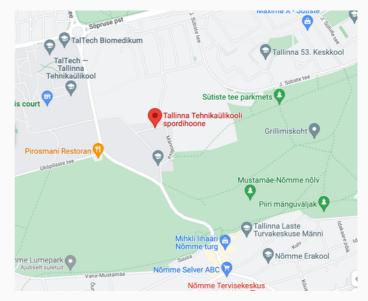
Date: 21 January 2023

Venue: TalTech Sports Hall

Männiliiva 7, 13414, Tallinn

Link to the location: https://goo.gl/maps/VB8xcZy1y9MwMYwK7

To use the lockers in the dressing rooms, a 2 eur coin is needed as a key deposit.







# **HQ Hotel:** Radisson Blu Hotel Olümpia \*\*\*\*

Liivalaia 33, 10118 Tallinn, Estonia

Link to the location: https://goo.gl/maps/jKAL6FTsjutH86gG6



# Honorable athletes, coaches and referees

After a break of a few years, the Estonian Karate Federation has decided to reestablish the international karate tournament Estonian Open which has successfully been carried out for over twenty years.

The competition will take place at the sports hall of Tallinn University of Technology (TalTech) on January 21, 2023. We chose a sports arena which has hosted several high-level karate competitions in Estonia over the years. This sports hall allows for the tournament to be held on four tatamis and offers athletes all the comforts needed to prepare for match (with a separate warm-up area).



WELCOME TO TALLINN, ESTONIA!

Respecting the old, and creating new traditions, we decided to put out a prize fund of 10 000 euros for the best athletes participating in the tournament. As Estonian old women say, "to the bird for the song and to the athlete for the victory".

We hope to welcome karatekas from around the globe in Estonia, with the aim of testing their skills against the best competitors from the Nordic region. I hope that the karate competition in Tallinn at the beginning of the year will become a traditional tournament in the EKF competition calendar.

The tournament is scheduled to take place two weeks before the European U21 Championships, to serve as a final test event for that competition in our Nordic region.

See you in Tallinn (European Capital of Sport 2025) at the beginning of next year!

Sincerely Yours, Toomas Vitsut President of the Estonian Karate Federation





# **Rules**

WKF rules with two third places. NO SUITS NECESSARY FOR COACHES FOR MEDAL BOUTS.

For U14 adjusted WKF rules:

- WKF Cadet kumite rules are applied
- The duration of kumite bout is 1,5 min and the maximum points difference is 6
- U14 WKF facemask and chest protector for children are not compulsory
- U14 kata can be repeated from the fourth round

# **Categories**

MALE CATEGORIES:

SENIORS (kumite minimum age 18, kata 16):

kata, kumite -60, -67, -75, -84, +84 kg, Open

U21 (age 18-20):

kata, kumite -60, -67, -75, -84, +84 kg

JUNIORS U18 (age 16-17):

kata, kumite -55, -61, -68, -76, +76 kg

CADETS U16 (age 14-15):

kata, kumite -52, -57, -63, -70, +70 kg

**YOUTH U14** (age 12-13)

kata, kumite -40, -45, -50, -55, +55 kg

### FEMALE CATEGORIES:

SENIORS (kumite minimum age 18, kata 16):

kata, kumite -50, -55, -61, -68, +68 kg, Open

U21 (age 18-20):

kata, kumite -50, -55, -61, -68, +68 kg

JUNIORS U18 (age 16-17):

kata, kumite -48, -53, -59, -66, +66 kg

CADETS U16 (age 14-15):

kata, kumite -47, -54, -61, +61 kg

YOUTH U14 (age 12-13)

kata, kumite -42, -47, -52, +52 kg

# TEAM KUMITE

## CADET & JUNIOR COMBINED TEAMS

MALE - 5 competitors, order followed: junior-cadet-junior-cadet-junior FEMALE - 3 competitors, order followed: junior-cadet-junior

### ADDED! TEAM KATA

Male team kata and female team kata (joined together into "team kata" if there are less than 2 teams in one of the categories)

# TOURNAMENT INFO NO SUITS NEEDED!

KATA COMPETITORS CAN ALSO COMPETE IN ONE CATEGORY ABOVE THEIR OWN

PRIZE FUND €10 000, including 500eur for best club (details on the next page)





# **PRIZES**

Diplomas and medals in individual categories; prize money for winners of each category (except U14).

# **PRIZE INFO**



# PRIZE MONEY PER CATEGORY:

SENIOR OPEN: 1000 eur

SENIOR CATEGORIES: 200 eur

U21 CATEGORIES: 125 eur

JUNIOR CATEGORIES: 100 eur

CADET CATEGORIES: 100 eur

A 100 eur prize will be given to the best U14 kumite competitor that displays the best range of successful techniques.

TEAM KUMITE: 300 eur

TEAM KATA: 300 eur

BEST CLUB: 500 eur



# TOURNAMENT INFO

# **Protests**

Current WKF rules apply. Protest fee is 100 euro.

# Registration

The electronic registration will be via Sportdata. Deadline for registration 14th of January 2023.

# **Entry Fee**

30 € per individual category (€50 for two categories, €70 for 3 categories), €40 per team, cash payment at registration. Late registration €50 per each individual discipline.

# **Insurance**

All competitors must have a valid insurance policy that covers karate competition activities.

# Tournament preliminary schedule

Friday, 20 January 2023

17.00 - 20.00 Registration and Weigh in for all participants in HQ hotel Radisson Blue Olümpia

18-20:00 WKF rules seminar by Pirkko Heinonen

# Saturday, 21 January 2023

08.00 - 09.00 Registration and weigh-in at the competition Venue 10:00 Start of the tournament 10-13:00 Kata competition

13-... Kumite competition

A detailed schedule will be available on Sportdata after the end of the registration period.

# Referees

Chief Referee of the tournament is Pirkko Heinonen (member of both the EKF and WKF Referee Commissions). Prior to the tournament (20 January), Ms Heinonen will conduct a 2h WKF rules seminar, which is open to all referees attending the tournament.

Qualified referees from other countries are warmly welcome to officiate at the tournament (at least national A level). Please email Tiina Pajuste (t.pajuste@gmail.com) to register.





# **Accommodation**

HQ hotel - Radisson Blu Hotel Olümpia \*\*\*\*

Address: Liivalaia 33, 10118 Tallinn, Estonia)

Dates: 20.01 - 21.01.2022 (same rate available +/- 1 day)

Standard Single room 65 EUR per room per night

Standard Double/Twin room 75 EUR per room per night

Rates include buffet breakfast, access to fitness center (gym, indoor pool), Radisson Reward points, 9% VAT. Free Wifi available all over the hotel.

Payment: on spot

Free cancellation till 1 day before arrival.

For reservations, please contact Reservation Center:

e-mail: estonia.sales@radissonblu.com

phone: +372 6315315

Special rate access code "KARATE"



# ACCOMMODATION





# GENERAL INFO



Estonia is member of the Schengen states. The Schengen states have jointly agreed which countries' citizens are required to present a visa. Each Schengen state decides which passports and travel documents it accepts from different countries' citizens.

No visa is required when entering from a Schengen state. You must, however have legitime passport or national ID-card, which may be required to show at the border.

To check if you need to apply for a visa to Estonia, please refer to the webpages of Estonian Ministry of Foreign Affairs: https://www.vm.ee/en/consular-visa-and-travel-information/visa-information/who-does-not-need-visa-visit-estonia

The pages list the current situation of visa requirements and what travel documents are needed to enter Estonia.

# **General information**

• Time zone: GMT +2

• Currency: euro (€)

• Calling code: +372

• Emergency numbers: ambulance service: 112; police: 110

• Electricity: the power supply in Estonia is 220-230 V.

• Airport: Lennart Meri Tallinn Airport <a href="https://www.tallinn-airport.ee">https://www.tallinn-airport.ee</a>

• Tourist info: <a href="https://visittallinn.ee">https://visittallinn.ee</a>

• Consular info: <a href="https://www.vm.ee/en">https://www.vm.ee/en</a>

# **Covid-19 information**

There are currently no restrictios in relation to Covid-19 in Estonia. Upto-date information on restrictions can be found at: <a href="https://kriis.ee/en/covid-crisis-management-qa/crisis-management/current-restrictions">https://kriis.ee/en/covid-crisis-management-qa/crisis-management/current-restrictions</a>

# **Ouestions**

Submit your questions to the Organizing Team leader Tiina Pajuste at t.pajuste@gmail.com or to the General Secretary of the Estonian Karate Federation, Mehis Kard at info@ekf.ee.

